#### The Hong Kong College of Education and Research in Nursing



### **Newsletter**

Address: LG1, School of Nursing, Princess Margaret Hospital, Lai King Hill Road, Lai Chi Kok, Kowloon Website: http://www.hkan.hk

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#### Message from Vice President

Celebrating 2020 International Year of the Nurse and the Midwife



The World Health Assembly has designated 2020 as the International Year of the Nurse and the Midwife. Organisations including the International Confederation of Midwives (ICM) and International Council of Nurses (ICN) will join the World Health Organisation (WHO) to embark on a year-long celebration of the work of nurses and midwives.

https://www.who.int/docs/default-source/documents/yonm-2020/campaign-toolkit.pdf.

https://www.icn.ch/news/nursing-world-health-icn-announces-theme-international-nurses-day-2020. https://www.internationalmidwives.org/assets/files/event-files/2019/12/icm-yonm-plan---final.pdf

Editorial board: Ms Sally Lo Dr Angel Lee Dr Theresa Lai

As educators and researchers, members and fellows of HKCERN would be very familiar with the unique contributions that nurses and midwives make in caring for the healthy and the sick across the lifespan. So, in the year-long campaign to pay tributes to nurses and midwives, how may HKCERN galvanise efforts to support the campaign activities?

There are a myriad of activities that HKCERN may consider and we may take reference from some global examples. For instance, the American Academy of Nursing (AAN) celebrates 2020 by highlighting the interconnectedness of nurse well-being and patient health through policy, research and education. The ICM aims to build on the global momentum and strengthen midwives and the midwifery profession through policy change, public action and advocacy. The ICN, through a wide range of activities, plans to demonstrate how nurses are central to addressing health challenges and making invaluable contributions globally.

One of the objectives of HKCERN is to foster a spirit of collaboration and exchange of information and ideas in education and research among nursing and healthcare practitioners. Let us help focus the spotlight on the extraordinary contributions made by nurses in every country of the world.

Prof. Agnes Tiwari
PhD, RN, FAAN, FHKAN
(Education & Research)
December 2019



### Activities and Highlights

The Celebration Ceremony for the 110th Anniversary of Chinese Nursing Association and The Belt and Road International Nursing Congress in Beijing 4-8 Sept 2019





President Prof Loke leading the council members and fellows of the HKCERN attended The Celebration Ceremony for the 110<sup>th</sup> Anniversary of Chinese Nursing Association and The Belt and Road International Nursing Congress in Beijing (5 to 7 Sept 2019)



Picture taken with the President of the Chinese Nursing Association Wu xinjuan (中華護理學會理事長吳欣娟女士)

Visits were made to 301 Military Hospital in Beijing (中國人民解放軍總醫院 301醫院; Phoenix Broadcasting Station in Beijing (北京鳳凰衛視); Peking University First Hospital (北京大學第一醫院) and learnt much from their current advanced nursing practice.













### Activities and Highlights

## Evidence-based Nursing Practice Workshops (20 Aug 2019 to 11 Jan 2020)

EBP education Workshop was successfully offered to members and potential members of the HKCERN with the great support from the council members/ fellows of our College:

#### **Prof Alice Loke (President)**

School of Nursing, The Hong Kong Polytechnic University

Dr William Li (Vice-President)

School of Nursing, The University of Hong Kong

**Dr Vico Chiang (Council Member)** 

School of Nursing, The Hong Kong Polytechnic University

**Dr Lorna Suen (Council Member)** 

School of Nursing, The Hong Kong Polytechnic University

**Prof Winnie So (Fellow)** 

The Nethersole School of Nursing, Faculty of Medicine, CUHK









## Activities and Highlights

### **The National Dinner on 19 Sept 2019**





HKAN and 14 Colleges, including HKCERN, co-hosted the National Day dinner to celebrate the anniversary of the founding of the People's Republic of China on 19 Sept 2019

# The delights and demands of becoming HKCERN fellow by Dr LO Wai Sze Sally



I am grateful to join as a fellow member of the Hong Kong College of Education and Research in Nursing (HKCERN) in 2019. The journey to earn and to be recognized as a fellow member has demanded a rigorous self-reflection and evaluation on my teaching practices in the past 10 years.

In fact, teaching and nurturing young people to become a caring profession has been my aspiration over the years. The background of being a nurse has given me an inherent sensitivity to each student's learning needs. I believed the application of innovative teaching strategies can help to enhance and expand our students' learning experience during their course of study, especially in aged care service. This included the adoption of the learner-centered approach in class preparations and on-going modification in course design to accommodate the contemporary understanding of people's need.

Furthermore, I always tried to empower students to take ownership of their learning. This could be facilitated by engaging students in various kinds of experiential learning activities such as guided field-experience in the community and participation in community services. In addition to formal teaching, I also enjoyed being the mentors of our students, not only on the campus but in the lifelong development of important values that promote the caring of people. Last but not least, I look forward to furthering my contribution to enhance the quality of nursing education in Hong Kong. I would also like to express my heartfelt thanks to my mentors and colleagues for their unfailing support.

A Valuable Journey to Fellow Membership

by Dr TANG Wing Ki, Fiona



I feel grateful and honour to receive the professional recognition as a fellow of The Hong Kong College of Education and Research in Nursing (HKCERN) of The Hong Kong Academy of Nursing. The fellowship definitely signifies an important milestone in my professional development. When I look back the course from an ordinary member to a fellow member, it is not simply a process of obtaining a professional qualification but a meaningful opportunity to reappraise my personal growth and professional development in the field. I regard the course as a valuable journey, which guided me to examine my past learning, contributions and attainment in nursing education and to explore directions for future development. certification examination comprehensive helped me consolidate knowledge and theories in education. The viva examination provided me an opportunity to reflect pedagogical stances. To prepare for this examination, I reviewed the approaches adopted in education to facilitate student learning, develop professional values and attributes, and create a conducive teaching and learning environment for students and teachers. The journey also guided me to plan my future development in nursing education. I identified some challenges and set several goals to meet different demands in the contemporary context and improve the quality of nursing education. I look forward to collaborating with the fellows of HKCERN and contributing to the college for the advancement of nursing education.



# As an educator, as a fellow by Dr WONG Kwan Ching

Just like the role of the registered nurse, the responsibilities of the nurse educator are diverse, challenging, and fulfilling. Over the last ten years as an educator, I have such a privilege to teach a variety of subjects to students from diverse cultures and backgrounds who have unique abilities and personal struggles. Teaching feeds my intrigue with understanding what motivates the action of individuals and groups, and I think it positions me to have the kind of impact in nursing that is required to contribute to patient care excellence.

It is a great honour for my work and contribution to student experience to be recognised by the Academy as a fellow of the College of Education and Research in Nursing, though the application process was difficult and time consuming, making it one of the most hectic periods in my career. However, the journey to becoming a fellow was extremely useful in enabling me to reflect on my own practice. Despite the frustration at the time involving many re-submissions of application form, the journey shaped my teaching and research and made me a more reflexive educator. It changed my perspective on transforming the student experience by knowing how to step back and think more deeply about my work. Being a fellow, I will continue to integrate current clinical practice with progressive academic theory and effectively share my expertise with students at varying levels of comprehension and proficiency.

# Willingness to care for the older people of nursing students: Global and local phenomenon





'The world is getting older' (Aljazeera news, 2017), particularly in developed regions which are experiencing a dramatic escalation in the number of older people. Older people are generally the largest consumers of health care services, as ageing relates to different health problems. Nursing is an involved profession among health professionals who is responsible for providing direct care as well as improving the healthcare of this group of population. Universities and nursing training institutions are responsible for training a sufficient number of nursing students to meet the demands of elderly care as well as motivating them to care for elderly patients in various care settings. However, it is unclear that the attitudes towards ageing, elderly care perception, and willingness to care for the older people of nursing students in global and local perspectives, which is important to inform nursing educators and stakeholders for this future manpower issue.

We have conducted a multi-country study to investigate the willingness of nursing students to care for the elderly and to identify the factors that influence their willingness. A four-part self-reported questionnaire was used to collect data on sociodemographic characteristics, attitudes towards ageing (measured using the Kogan's Attitudes toward Older People scale), elderly care perception (measured using the Perspectives on Caring for Older Adults scale) and willingness to care for the older people.

The total sample was 2,250 including nursing students from Chile, Mainland China, Egypt, Greece, Hong Kong, India, Palestine, Philippines, and Saudi Arabia. Participants had quite positive attitude toward ageing and elderly care perception in general, including those participants in Hong Kong. However, except participants in Chile and India, most of them ranked their career planning for not taking care of older people as their first choice. Only about 14% participants in Hong Kong would select caring older people as a future career choice (including first and second choice). Hierarchical linear regression showed that there is no demographics, attitudes or perception predicting willingness to care for older people. This result is alarming for nursing educators and stakeholders who work on the elderly services.

Remarks: The detailed results have been drafted as manuscript under review.

References: Aljazeera news. (2017). The world is getting older. Retrieved from

https://www.aljazeera.com/indepth/interactive/2017/09/world-ageing-population-170928073132930.html

# The challenges after becoming a HKCERN fellow By Dr LAU Lai Yee



It is an exciting journey to start from being an associate member to a fellow in a year. I want to take this opportunity to express my sincere thanks to the Hong Kong College of Education & Research in Nursing (HKCERN) and all the committee members. They provided generous support to my application of fellowship and assessment. It is my honour to be a new fellow of HKCERN. I am grateful to have this valuable opportunity to meet many brilliant leaders with expertise in nursing education and research. As a fellow of HKCERN, I am committed to serve the College and follow the HKCERN's aim, which is 'to promote excellence in nursing and health care in Hong Kong.

In the future, I am looking forward to having more collaboration with educators and researchers from different institutions and universities. Sharing among fellows can enlighten our scope of good practice. I will enhance my competence via continuing training and education. Besides, it is prime to encourage more experienced educators to join HKCERN. An expanding number of fellows support the development of nursing specialization in Hong Kong. The ultimate goal is to train more professional nurses who provide quality nursing care to the society.



# Congratulations

# Welcome 5 Ordinary Members admitted by HKAN Oct 2019





Dr CHAN Yue Lai 陳裕麗 Ms KO Mei Kei 高美姫 Dr LO Ka Lai Shirley 盧嘉麗 Dr LO Hoi Shan 盧海珊 Ms YU QUINAIS S 吳姿鋌

112 Fellows; 8 Full Members and 7 Associate Members in HKCERN (updated in Nov 2018)

### **Upcoming Events**

14 Dec 2019 Examination for Fellowship

15 Feb 2020 HKCERN AGM

28 Mar 2020 World Health Carnival 9 May 2020 Fellowship Conferment

9 May 2020 International Nurses Day (IND) Celebration Dinner

Please mark your calendar and save the dates to attend.

More information will soon be announced.

## Wish all have a Merry Christmas



If you have any news or anything that you would like to share with other Fellows, please let us know. We can feature it in the upcoming HKCERN newsletter!

Please contact us at: hkcern@gmail.com