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## Vice President's message Dr William LI

### What Are the Impacts of Nursing Research and Education?



This year, we celebrate the 7th anniversary of the founding of the Hong Kong College of Education and Research in Nursing (HKCERN). I am honored and privileged to contribute to the latest issue of the College's newsletter. One of the most significant missions of the HKCERN is the promotion of improved health care for Hong Kong citizens through nursing research and education. As the Vice President of the HKCERN, I would like to take this opportunity to share the impacts of nursing research and education on the well-being of our citizens. Specifically, I would like to explore the evidence indicating that the promotion of nursing research and education has contributed to improving the quality of care and patient outcomes.

### The impact of nursing research

Research is a scientific and systematic approach to answering questions or solving problems. Undoubtedly, the ultimate goal of nursing research is the generation of new knowledge or evidence intended to guide nursing practice and improve the quality of care and patient outcomes.

**Editorial board:** Ms Sally Lo, Dr Angel Lee, Dr Theresa Lai



In his seminar, Ian shared that he once heard a professor in medicine openly claimed in a speech that he did not see a reason why a nurse would require a university degree. However, upon meeting this same professor again a few years later, the professor had undergone a dramatic change of view regarding the need for tertiary nursing education. The professor explained that he changed his view after he read a research article in *The Lancet* in 2014 [1] about nurse staffing and education and hospital mortality conducted in 300 hospitals in nine European countries. This paper indicated that the employment of sufficient number of well-educated nurses in acute care areas can reduce the risk of patient mortality.<sup>1</sup> Additionally, the evidence suggested that advanced and specialist nurses and physicians provide equally safe care to patients with chronic diseases, while the former are at least as effective as physicians in primary care management.

Nursing is an integral component of healthcare services and thus could have a wide and enduring impact. We must provide more evidence about the impacts of nursing research and education in terms of improving the quality of care and patient outcomes. Additionally, more efforts should be made to nurture our new generation of nurses, particularly through cultivating a humanitarian approach to nursing education. Most importantly, we must nurture our new generation of nurses to help them develop personal strength, integrity, kindness, cooperation and compassion. This nurturing will equip and empower these nurses to make the world a better place.

This year, the HKCERN organized a Foundational Educational course for Nurse Educators, which will be followed by an Evidence-Based Practice course. We anticipate that these two courses will enhance the participants' knowledge, understanding and application of pedagogical theories and the evidence supporting improved practice in teaching and learning. Additionally, these courses will provide greater insights into the impact of nursing research and education on enhancements in the quality of care and patient outcomes.

## Reference

[1]. Aiken et al., 2014. Nurse staffing and education and hospital mortality in nine European countries: a retrospective observational study. *The Lancet*, 383(9931), pp.1824–1830.



# Activities and Highlights

**HKAN Strategic Planning Workshop  
12 January 2019 (Saturday)  
Venue: P.I.M.E House at  
Clearwater Bay Road Sai Kung**

The theme for the strategic workshop was “Regulation of Advanced and Specialized Nursing Practice –Will HKAN and HKAN Academy Colleges be there?” President Prof. Alice Loke, Council Member Dr. Lorna Suen and Earned Fellow Dr. Chow Ka Ming represented HKCERN and joined the discussion.



# Activities and Highlights

**HKAN Young Fellow Chapter (YFC) meeting with  
Prof. Sophia CHAN  
26 January 2019  
Venue: Central Government Office**



Dr. Julia WONG and Ms. Maggie CHEUNG represented HKCERN to join the meeting

**HKAN Fund Raising Program:  
Chinese Opera “帝女花”  
10 March 2019 (Saturday)  
Venue : 新光戲院大劇場**



Our Vice President  
Prof. Agnes TIWARI as the  
Empress (middle)



HKAN fund raising program, the Chinese Opera 帝女花 played by the Fellows of HKAN (Cardiac), Mrs. Cynthia HUIE-ROSE gave a successful performance and HK\$800,080.36 was raised. A BIG Applause!

# Activities and Highlights



**2019 Health Carnival**  
**6 April 2019 (Saturday)**  
**Venue : Cheung Sha Wan Playground**



Souvenirs to participants

The theme for 2019 World Health Day:

「健康360，全港護理情」

We would like to thank the students from HKU and PolyU, led by Ms. Gladys Hui and Dr. Yim Wah Mak to host the HKCERN booth for the day.



# Professional Development Activity and Highlights

## Foundational Education Course for Nurse Educators April-June 2019



More than 70 participants enrolled this free-of-charge course which is taught by our Fellows to enhance nurse educators' knowledge, skills and applying educational theories and to update evidence for improving teaching and learning.

# CONGRATULATIONS

Welcome to the three Ordinary Members  
admitted to HKCERN by HKAN in Oct 2018

LAM Ching 林清  
LAU Lai Yee 劉麗兒  
WONG Kwan Ching 王鈞正

Welcome our five new Fellows of HKCERN  
admitted by HKAN in May 2019

LO Wai Sze 盧慧詩  
TANG Wing Ki 鄧穎琪  
LAM Ching 林清  
LAU Lai Yee 劉麗兒  
WONG Kwan Ching 王鈞正



Five new Fellows were conferred by  
President of HKCERN (Prof. Alice Loke) and  
President of HKAN (Prof. Frances Wong)



Updated membership in 2019:  
106 Fellows; 3 Full Members, & 18 Associate Members  
have renewed their Fellowship/membership with HKCERN.



## Fellowship Conferment 11 May 2019



The HKAN Fellowship Conferment was held on 11 May 2019 at Jockey Club Auditorium, The Hong Kong Polytechnic University.

Ms. STOKER Fiona, Chief Executive Officer, Australian Nursing and Midwifery Accreditation Council presented the keynote speech "The ANMAC's role in the Regulation of Advanced Nursing Practice in Australia"

In the evening on the same day, the International Nurses' Day celebration was held at the Rotunda 3, 6/F, Kowloon Bay International Trade & Exhibition Centre, Kowloon Bay, Kowloon. The theme for the IND celebration was "A Voice to Lead – Health for All".

# Activities and Highlights

International Nurses Day Ceremony 11 May 2019





**Briefing for  
Membership Exam  
4 May 2019**



## Upcoming Events

### ***Examination Progress***

14 Jun 2019 - Deadline for application of Membership Examination

17 Aug 2019 - Examination for Ordinary Membership

Dec 2019 - Examination for Fellowship

***Aug to Sept 2019 – Evidence-based Nursing Practice Course***

***AGM on 15 Feb 2020***

***Please mark your calendars and save the date to attend.  
More information will soon be announced.***

If you have any news or anything that you would like to share with other Fellows, please let us know. We can feature it in the upcoming HKCERN newsletter!

Please contact us at: [hkcern@gmail.com](mailto:hkcern@gmail.com)