



Hong Kong College of Education and Research in Nursing 香港護理教育及科研學院

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Newsletter

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Message from the President Prof. LI Ho Cheung William



I am delighted to share that approximately 150 distinguished guests, members and delegates attended the Scientific Symposium cum 13th Anniversary Dinner of The Hong Kong College of Education and Research in Nursing (HKCERN) on 18 June 2026. This special occasion was further enriched through our collaboration with the Hong Kong Society for Nursing Education (HKSNE) in celebrating its 40th Anniversary, marking an important milestone in the advancement of nursing education and professional development in Hong Kong.

The symposium, themed “Nursing Solidarity for Future Challenges: Insights from Four Decades of Education, Research and Practice”, brought together nursing leaders, educators, researchers and clinicians to reflect on the remarkable evolution of our profession and explore strategies for addressing emerging healthcare challenges. The programme provided a compelling account of nursing’s transformation over the past four decades, from apprenticeship-based hospital training to university education, from emerging scholarship to evidence-based practice, and from traditional bedside care to expanded leadership roles in primary care, advanced practice, health policy and healthcare system resilience.

We were particularly honoured to welcome four former Presidents of HKSNE as keynote speakers: Professor William Li, Mr Cheng Bing Shu, Professor Frances Wong and Professor Sally Chan. Their reflections and insights offered a unique historical perspective on the development of nursing education and the profession’s continuing contribution to healthcare advancement.

Key Messages from the Symposium

The history of nursing over the past four decades has been characterised by continuous growth, innovation and adaptability. Significant milestones, including the transition to university-based education, the expansion of advanced practice nursing, the profession's response to public health emergencies, and the increasing demands associated with ageing populations and chronic diseases, have transformed nursing into a highly skilled, research-informed and globally connected profession.

A recurring theme throughout the symposium was the importance of solidarity. The advancement of nursing has never been the achievement of individuals alone. Rather, it has been built upon collaboration among nurses, educators, researchers, policymakers and healthcare organisations. Through professional unity, knowledge exchange and mutual support, the nursing profession has successfully responded to healthcare challenges and improved patient outcomes both locally and globally.

The experiences of SARS and COVID-19 further reinforced the resilience, adaptability and leadership of nurses. These crises accelerated innovation in healthcare delivery, education, research and technology adoption, while also highlighting the importance of supporting nurses' wellbeing and professional development.

Looking ahead, our profession faces significant challenges, including workforce shortages, rapid technological advancements such as artificial intelligence, and the increasing pressures associated with population ageing, climate change, extreme weather events, natural disasters, and non-communicable diseases. While embracing innovation and technological progress, we must remain firmly grounded in the values that define nursing: compassion, empathy, integrity, professionalism, and respect for human dignity. These principles will continue to guide our profession as we navigate change and shape the future of healthcare.

Reflections for the Future

I was particularly inspired by two timeless Chinese sayings shared during a recent workshop:

“By remaining true to our founding purpose, we can fulfil our mission to the very end”
(不忘初心，方得始終).

“Only by understanding our past can we chart the course for our future”
(唯有認識過去，方能規劃未來).

These messages encapsulate the journey and future direction of the nursing profession. While nursing has evolved significantly through advances in education, research and practice, our core mission remains unchanged: to improve lives through excellence in care, compassion and service.

The achievements of today are built upon the vision, dedication and perseverance of those who came before us. As we reflect on this legacy, we must continue to uphold the values that define our profession while preparing for emerging challenges, including workforce shortages, population ageing and technological transformation.

By learning from our past, remaining steadfast in our purpose and strengthening our solidarity as a profession, we can confidently shape the future of nursing and continue to make a meaningful impact on the health and wellbeing of our communities.

Finally, I am deeply encouraged by the overwhelmingly positive feedback received following the symposium and anniversary celebration. Many participants commented on the high quality of the programme, the relevance of the discussions and the rewarding learning experience. On behalf of HKCERN, I would like to express my sincere gratitude to all Council Members and, in particular, the Organising Committee for their unwavering commitment and dedication. Their countless hours of preparation and collective efforts were instrumental in the success of this event. Without their enthusiasm and support, this memorable celebration would not have been possible.

Together, through solidarity, professionalism and a shared vision of excellence, we will continue to advance the nursing profession and contribute to a healthier future for our communities.



Professor William H. C. Li

Chairman

The Hong Kong College of Education and Research in Nursing

Featured Activity

13th Annual General Meeting (AGM) and scientific meeting

The Hong Kong College of Education and Research in Nursing (HKCERN) hosted its 13th Annual General Meeting (AGM) and scientific meeting at the Cordis, Hong Kong on 18 June 2026.

A scientific meeting on the theme 'Nursing Solidarity for Future Challenges: Insights From Four Decades of Education, Research, and Practice' was held by distinguished speakers, Prof. William Li, Mr. Cheng Bing-Shu, Prof. Frances Wong and Prof Sally Chan. Following the scientific meeting, Dr. Hon David Lam Tzit-yuen delivered a sharing on 'The National 15th Five Year Plan: Opportunities and Implications for Hong Kong's Nursing Profession.'



Activities and Highlights

The President, Prof. William Li and council members of HKCERN joined the 2026 International Nurses Day Nursing Symposium and Celebration Dinner.

[23 May 2026]



The banner features the logo of The Hong Kong Academy of Nursing & Midwifery (AHM) on the left and the Hong Kong Midwives' Association (助產士會) on the right. The central text reads "2026 INTERNATIONAL NURSES DAY NURSING SYMPOSIUM". Below this, a blue box contains the following details:

- Date: 23 May 2026
- Time: 15:00 – 17:00
- Venue: Salons 1 – 4, 20/F, Hopewell Hotel, 15 Kennedy Road, Wan Chai, Hong Kong
- Fee: HK \$200
- CNE / CEM Points: 2 Points
- Enrolment Deadline: 9 May 2026 (first-come-first-served)
- Enquiry: ind@hkanm.hk



Activities and Highlights

Prof. William Li and council members of HKCERN represented HKCERN to attend the National Day Celebration Dinner organized by The Medical and Health Services sector.

[28 August 2026]

**“香港醫療衛生界”
慶祝中華人民共和國成立77周年國慶晚會**



Activities and Highlights

Recent Radio interview

12 May 2026 以護理教育和科研提高護理質素和病人療效



精靈一點

All Episodes

RTHK
FM 92.6

(主持：鄭萃雯、嚴崇天) 睡眠與運動障礙 / 以護理教育和科研提高護理質素和病人療效

Presenters: 陳家亮醫生、何雅莉醫生、侯鈞翔醫生、方健儀、江卓儀、虞逸章、嚴崇天、葉韻怡、鄭萃雯、潘蔚林

1300-1400

[香港中西醫結合醫學會 - 望聞問切]

00:00 | 00:00

12/05/2026 - 以護理教育和科研提高護理質素和病人療效

訪問：李浩祥教授(香港護理教育及科研學院院長)、黃祖莉教授(香港護理教育及科研學院院士)

Tag: 以護理教育和科研提高護理質素和病人療效, 望聞問切, 李浩祥教授, 林煒醫生, 王德利, 睡眠與運動障礙, 精神科專科醫生, 註冊中醫師, 護理及助產專科學院系列, 香港中西醫結合醫學會, 香港護理教育及科研學院院士, 香港護理教育及科研學院院長, 黃祖莉教授

7 July 2026 當AI遇上南丁格爾

新紫荊廣場

All Episodes

RTHK
AM 621

楊子矜 麥尚中 趙梓烽中醫師 陳傲霜教授 凌綽姿院士/當AI遇上南丁格爾/小暑消暑防病養生指南/社會熱點話題

Presenters: 楊子矜、麥尚中

00:00 | 00:00

07/07/2026 - 醫護從心出發

主題：當AI遇上南丁格爾：科技如何煉成新一代“有溫度”的護士？
嘉賓：香港護理教育及科研學院代表 陳傲霜教授、凌綽姿院士

Tag: 凌綽姿院士, 楊子矜, 趙梓烽中醫師, 陳傲霜教授, 麥尚中



Activities and Highlights

Prof. William Li, Prof. Joyce Chung and Prof. Dorothy Chan represented HKCERN as speakers for the Advanced Nursing Practise Training Course to share the knowledge and experience in education and research at Shenzhen Pingshan People's Hospital on 24 and 25 August 2026.



Professional Developments

Online Article to Obtain CNE Point

The HKANM has been offering online learning activities with CNE accreditation. Over 40 items are available on the HKANM website. Interested members can refer to the information provided at <https://www.hkanm.hk/main/education-and-development/on-line-articles-to-grant-cne-s>

Specialty: Education and Research

Evidence-Based Practice in Clinical Nursing Education: A Scoping Review

Valerie J. Fiset, MScN, RN; Ian D. Graham, PhD; and Barbara L. Davies, PhD, RN

ABSTRACT

Background: Nursing students require education that integrates evidence-based practice (EBP) knowledge across classroom and clinical settings. This study was conducted to identify and examine the literature related to

Using the best available evidence is a crucial competency for baccalaureate nursing students (Institute of Medicine [IOM], 2010). Most commonly, nursing programs have attempted to develop evidence-based practice (EBP) competencies through classroom learning, and not as part of clinical place-



YouTube Channel - 專科護理3分鐘 3 minutes Advanced Practice Nursing

Welcome to the YouTube channel of the HKANM! Here, you'll discover valuable information on disease management and nursing care, as well as insights into nursing education. Explore our updated videos through the link below.

<https://www.youtube.com/@thehongkongacademyofnursin712/videos>



Professional Developments

Evidence-based Nursing Practice Course

An Evidence-based Nursing Practice Course (with assessment) is conducted from March to October 2026. This course is designed to equip nurses with essential knowledge and skills to translate research findings effectively into everyday practice.



The Hong Kong Academy of Nursing & Midwifery
香港護理及助產專科學院

Hong Kong College of Education
and Research in Nursing
香港護理教育及科研學院



Co-organizer

Evidence-Based Nursing Practice (Open-up Lectures)

Contemporary nursing takes place in the midst of an environment characterized by increasing healthcare choices, rising expectations, constrained resources, and increasing complexity of health care delivery. Furthermore, with increasing advances in biomedical and clinical research providing unprecedented insights into health promotion and disease prevention, nurses face the challenge of having to utilize findings of well designed research studies and translate them effectively into everyday practice.

Professional Developments

Recent Hong Kong Economic Journal (HKEJ) Article by our HKCERN members

6 July 2026 從日常食療建構健康防線



冬春交替之際，氣候變化劇烈，正是各類呼吸道疾病的好發期。作為護理教育工作者，我們在推廣社區健康教育時，常強調「預防勝於治療」的自我照護概念。這與中醫「正氣存內，邪不可干」的理念不謀而合，即透過提升自身免疫力，抵禦外在病原體侵襲。

近年，護理研究愈發重視全人照護與預防醫學，而將溫和的傳統食療融入日常飲食，正是大眾最易實踐的健康促進策略。針對不同體質，以下兩款簡易食療方能幫助市民在轉季時節建立健康防線。

首先，針對初期外感不適（如口乾、咽喉痛、輕微咳嗽），推薦「桑葉茅根飲」。此茶飲由桑葉、雪梨、白茅根與陳皮組成。從護理衛教角度來看，這不僅能鼓勵市民多補充水份，雪梨與桑葉的清潤特性更有助舒緩上呼吸道黏膜的乾燥與輕微發炎反應，非常適合乾燥季節作為日常預防茶飲。

其次，對於體質虛弱、病後疲倦或易感冒的市民，充足的營養支持是護理復原的關鍵，「黃芪蒸雞」便是極佳的選擇；黃芪能益氣固表，搭配富含優質蛋白質的雞肉與補中益氣的紅棗，能有效提供身體組織修復所需營養，增強抵抗力。這道食療溫補而不燥，對於小孩和年長市民的病後調養或日常扶正，皆具顯著效益。

健康管理應落實於生活日常。透過這類取材簡單、做法方便的食療，大眾市民能主動參與自身的健康照護，提升健康識能。然而，在護理健康方面也要提醒大眾市民：食療主要用於日常保健與輕微不適的舒緩，若症狀持續或加重，仍應及時尋求專業醫療協助。

作者為中醫護士（吳松燕）、香港護理教育及科研學院院士（葉家瑋）

Professional Developments

First Mandatory CNE Cycle Launched: Enrol with HKANM as Your CNE Administrator

The first mandatory Continuing Nursing Education (CNE) cycle for nurses in Hong Kong has commenced and will run from 1 July 2026 to 30 June 2029. All nurses are required to appoint a CNE Administrator to manage their CNE portfolio for practising certificate renewal. The Hong Kong Academy of Nursing and Midwifery (HKANM) has been officially appointed by the Nursing Council of Hong Kong as a CNE Administrator from 1 July 2026 to 30 June 2031.

HKANM welcomes enrolment from Fellows, Ordinary Members, and nurses. The HKANM CNE Management System will help maintain your CNE records and support your practising certificate renewal requirements.

Fellow & Ordinary Member: Free of Charge

College Associate Member: \$150/year or \$300/cycle

HKANM Associate Member (RN): \$150/year or \$300/cycle plus annual membership fee: \$100/year

Non-Member of HKANM: \$300/year

Change of CNE administrator: \$1,000 (exclude active Fellow & Ordinary Member)



Scan the QR code to enrol now.

Nurses who are not currently members of HKANM are also welcome to join the Academy as Associate Members.

Membership Updates

Application and Examination Progress

2025–2026 membership application is following the below timeline:

Application for associate membership

On-going

Application for ordinary membership

- 1st round

Completed in March 2026

Application for fellow membership

- 1st round
- 2nd round

Completed in Jan 2026

Completed in July 2026

For 2026–2027 membership applications, interested colleagues may browse for more information on [membership](#) types on our HKCERN website.



Associate
Member



Ordinary
Member



Fellow
Member

Member Status (as of 21 July 2026)

- Fellow Members – 148 (Non-local x 9)
- Ordinary Members – 5
- Associate Members – 3





Members are welcome to submit their recent news to the HKCERN newsletter. We are happy to hear from you!

Please contact us at info@hkcern.org